

FCDC TODAY

Filipino-American Community &
Development Center of Ocean County Inc.
2014 Bayaning Pilipino Awardee

Member Spotlight - Yolly Taylor



My name is Yolanda Taylor, they call me Yolly. I came to the United States when I was only 15 years old.

I went to high school in Florida. My family petitioned all of my sisters and brothers one at a time since they had been here since 1972. My mother came first, brought here by my eldest brother who was in the US Navy. Then

my brother, who joined and is now retired from the US Air Force came to the US. Next were my father and other brother, and me and my youngest sister in 1977.



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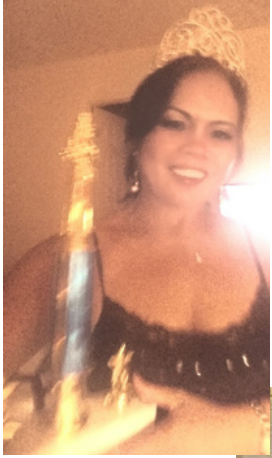
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I went to college and now have two children. My daughter is a Mental Disability Therapist and my son is in the US Navy as E6. I have four grandchildren, three boys and one girl. One is 18 years old. Two boys are 5 and 6 years old, and the little girl is 2 years old.

I moved to New Jersey from Arizona, and joined FCDC. I was very glad to meet someone who invited me to the first meeting, and I joined the club. Since then, I have been involved in a lot of events such as paintings, choirs, singing Christmas carols at the nursing home facilities, and also performing dances. It's been a very busy moment for me. There were times I was an usher for the concerts. I was involved at parties like Christmas parties and sang with the band. I also volunteered for prizes and donations, and collecting items and donating for the disaster areas in the Philippines at times.

I enjoy the members, especially when we get together, practice for dances we created like Carinosa, and sing karaoke after the meetings and practices, even just doing the nature walk and laughing with everyone.

I love dancing, singing, traveling and most of all working out.



LETTER FROM THE EDITOR

by Jamie Mariano

To all of the parents whose children are now attending school, I hope that everyone is adjusting to their schedules, extracurricular activities, and managing their time well. As a full-time working mother of three children involved in different activities, including FACES, I understand all too well how busy our lives can become from September through June.

With that said, I would like you all to really take the time to read Tita Ferlie Almonte's column this month because I think it speaks to us as parents. Sometimes our success as parents is measured by how well our children do in school, sports, and the arts. However, after reading Tita Ferlie's article, which I encourage you to share with your families, I hope that you all understand the true meaning behind our busy schedules and involvement in various activities.

October is coming upon us, and for us Filipinos, that means the holidays are in full swing! Check out FCDC's upcoming activities, which you can find in the newsletter. If you would like to be more involved as a volunteer for any event, please do not hesitate to reach out via email, fcdcteam@gmail.com.

As always, I encourage writers of all ages to submit articles, poems, short stories, or any special event in your life that you'd like to share in FCDC Today. If you would like to contribute a special feature or article, please email JamieFCDCToday@gmail.com.

God bless, stay safe, and find some quiet time for yourself with a hot cup of coffee or tea, a good book, or a Netflix show you've been meaning to watch!



PRESIDENT'S CORNER

by Jasmine Alcid

IT'S FALL !!!

Children are now back to school and we're excited with all the activities that go with the Fall season. Here at FCDC, we are trying to keep our members experience fun while keeping the community together.



JOIN US !!!

Argo's Farm

On October 9, everyone is invited to delight in the colors of fall at Argo's Farm. It's a free event for both adults and kids. Please let us know if you're interested.

There will be a pumpkin carving contest. Each family is welcome to submit an entry. Winners will receive a prize!

There will also be a phone photo contest. Each person is encouraged to take pictures and submit one entry featuring people, landscape, pumpkins or any subject at the farm.

More details will be announced soon!



Halloween Fun Run

Gather your friends on October 30 at the Winding River Park. The Halloween Fun Run signup is up! Please check our website and FCDC pages on how to join. This event is partly sponsored by the FREED Foundation to improve health. Cash prizes and medals will be awarded to winners. Every runner will also get a loot bag full of items, t-shirt and medal.

Part of the proceeds will go the FACES program and Animal Humane Society.

Picnic and Trunk or Treat to follow afterwards. Get your kicks ready!



DR. YNAYA'S IMPACT ON THE FILIPINO COMMUNITY

by Zachary Lichter

With the passing of Dr. Rene Ynaya, or as I call him “Lolo,” joining F.O.C.U.S. (Filipino Organization of Catholic University Students) has more of a deeper meaning than it did when I wrote about joining F.O.C.U.S. in my supplemental essay for Catholic University. After going to three events for F.O.C.U.S., the environment reminds me of F.C.D.C. The people are very nice, energetic, and are very inclusive. The two differences are that F.O.C.U.S. has people around my age and you don’t have to be Filipino to join. I like the inclusivity that F.O.C.U.S. has, and I also like the fact that I saw some half-Filipinos on their E-Board because they accept the fact that not everybody grew up having the same Filipino background. F.C.D.C. also does a good job with their inclusivity because out of all the members that I’ve interacted with, nobody has given me a hard time about being half-Filipino.

Lolo’s influences on cultural identity made me want to join F.A.C.E.S. as a little kid and F.C.D.C. as a young adult. By going to these events he and Lola (Nancy Ynaya) wanted me to learn more about my Filipino culture and appreciate my roots. When I did F.A.C.E.S., I always remembered Lolo visiting me during my classes after he did his rounds at Community Medical Center. F.C.D.C. was an organization that was near and dear to Lolo’s heart. Most of his friends are part of this organization, and he was a board member for 13 years before he passed away in January 2021. I think Lolo would want to remember F.C.D.C. for all the contributions he made. F.C.D.C. was his second family, and I can’t thank the members enough for giving Lola food, organizing multiple prayer services, and his novena. So as I look back to all the times I’ve had with F.A.C.E.S. and F.C.D.C. and all the times I’m going to be having in F.O.C.U.S., Lolo’s memory is going to pop up. But I know he would want me to enjoy myself during these four years and that he’s watching me from heaven.





ATTITUDE ADJUSTMENT

SUCCESS DEFINED

by: FERLIE ALMONTE

Motivational Speaker, Life Coach, Author

'WHAT IS SUCCESS? Google's simple definition of success is the accomplishment of an aim or purpose. But, when I asked a bunch of people what success means to them, emotions exploded. The noise was deafening for those who couldn't wait to boast about their own and their families' accolades. There were also some people, who, in profound silence, smiled with great content and peace. The latter caught my attention the most. To me, their quiet demeanor spoke the loudest. I was intrigued.

There is no right or wrong definition of success. It is subjective and relative to our individual mindset, beliefs, culture and experiences. What success means to us evolves through the different phases of our lives, as different parts of our psyche get awakened with time, challenges, wins and lessons.

Growing up, and even as adults, most people equate success with academic achievements, credentials, awards received, the celebrity we become, our net worth, zip code of our homes, the cars we drive, the purses we carry, or watches we wear. Social influence. Success leaves clues. Easier to spot where visible to the naked eye. Those are amazing achievements the great majority are rightfully proud of to share. Incredible!

Then, there are successes not measured by numbers. Blessings In happy and harmonious marriages. Fulfillment found in choosing to be devoted full-time homemakers. True friendships. Meaningful relationships. Impact. Success through lives we save or transform. Souls we awaken. People we inspire. Personal battles we overcome. Extraordinary stories of resilience. Service and devotion to ministries and advocacies. Unquantifiable!

SUCCESS

IS LIKING YOURSELF,
LIKING WHAT
YOU DO,
AND LIKING
HOW YOU DO IT

MAYA ANGELOU

“Success
is walking
from failure
to failure
with NO LOSS
OF ENTHUSIASM.”

Winston Churchill

measure
your success
by the
growth of
your
freedom

“STRIVE
NOT TO BE
A SUCCESS,
BUT RATHER
TO BE OF
VALUE.”

Albert Einstein

FREEDOM is a marvelous yardstick of success, too. Time and Money Freedom. Freedom to live authentic and intentional lives without needing permission from anyone. Living life on your terms, unscathed by the opinions and judgment of others. Priceless!

YOU define what success means TO YOU, not what anyone else thinks your success should be. CREATE YOUR OWN LEGACY. Decide how you want people to remember you.

What difference did your beautiful temporary presence in this world leave behind?

As the legendary Maya Angelou said, “People may forget what you said. People may forget what you did. But they will never forget how you made them feel.”

Success transcend our own selves. Success does not have to be huge to mean something. When we improve ourselves or contribute to another life becoming better than it was, we have succeeded.

For more inspiring messages, visit FerlieAlmonte.com or follow @ferliealmonTE on social media.

I’ve learned that
people will forget what
you said, people will
forget what you did, but
people will never forget
how you made them feel.

—MAYA ANGELOU

Sa Muling Pagdalaw ng Taglagas Ni Sisa Batongbacal

Ipapaalalang muli ng mga laglag na dahon,
Tangkay na nabali sa pakikipagtagis sa panahon,
Ng langib sa siit, uk-ok na balakbak
Ng sangang tagpuan ng kwago at uwak
At ng mga anino ng nakaraang di na magbabalik:
Tiyak ang pagbabagong anyo ng buhay,
Supling ng kusang pagsilang sa pinagmulang pigtal.

Mula ruo'y dipahin ang bulas at labay
Sa bunyi ng araw, sa kumot ng lamig at wisik ng ulan
Ihandog ang lilim sa mga pinagod niyaong paglalakbay
Sa mga may lumbay, puno ay iyakap o maging sandalan,
At pamulaklakin ang samyo ng bango sa rikit at rilag
Sa bawat pagbunga, ihandog ang lunas
Sa daing ng bawat mga nagsasalat.

Saan ba tutungo ang siklo ng muling pagkapigtal?
Saan liliparin ang mga gunita ng dahong napigtas?

Ah, ito ang tiyak:

Sa bawat pagputok ng binhi ng mga bulaklak,
Mula sa kanyang pagsayaw sa bini at ugoy
Ng hangin o unos, sa mga panganib ng kanyang pagbulas,
Ay pagbabanyuhay, sa muling pagdalaw ng bagong taglagas—
Hinga ma'y malagot sa kanyang paglingon sa manang lumipas,
May punlang sisibol, yayabong na hardin ng maayang bukas.

Setyembre 26, 2021

Sisa Challenge

EVERY MONTH, SISA BATONGBAKAL WRITES AN ARTICLE IN TAGALOG. SISA, IS A FICTIONAL CHARACTER IN JOSE RIZAL'S NOLI ME TANGERE. THE ARTICLES ARE CHOSEN AND MEANT TO HAVE RELEVANCE.

WE ARE INVITING ALL FACES BARKADA AND YOUTH TO INTERPRET THIS PIECE IN ENGLISH. "SA MULING PAGDALAW NG TAGLAGAS" IT IS A GREAT WAY TO LEARN OUR LANGUAGE. WE WILL INCLUDE THE INTERPRETATIONS IN OUR NEWSLETTER TO SHOWCASE THEIR WORK. PRIZES SHALL BE GIVEN TO PARTICIPANTS.

DEADLINE: 10/20/21
THANK YOU!

Halloween Fun Run & Picnic



October 30, 2021 @ Winding River Park

8:30 am, Picnic #2, Route 37 West, Toms River, NJ
(South Entrance across Community Medical Center)

\$25 PER PERSON
12 YEARS AND ABOVE:

5K MALE
5K FEMALE
1K MALE
1K FEMALE

\$15 PER PERSON
6-11 YEARS OLD:

5K MALE
5K FEMALE
1K MALE
1K FEMALE

UNDER 6
YEARS
OLD: FREE

Sign up now and visit the link below
<https://www.signupgenius.com/go/10c0c44afa72fa2f5c34-fcdc>

**WEAR YOUR HALLOWEEN COSTUME WHILE YOU RUN, WALK
OR FLY TO THE FINISH LINE.**

Medal, loot bag and t-shirt for each registrant. Prizes for winners!

**Part of the proceeds will go to the FACES Program and
Animal Humane Society at Popcorn Zoo.**



20th Annual GOLF TOURNAMENT

OCTOBER 6, 2021
WEDNESDAY

PINE BARRENS GOLF CLUB
540 SOUTH HOPE CHAPEL ROAD
JACKSON, NEW JERSEY



www.famstrnj.org

APPLICATION

Please complete the following for each golfer you wish to register.

Name _____
Name _____
Name _____
Name _____

Contact Person _____
Address _____
City _____ State _____ Zip _____
Tel # _____ Fax # _____

Golfers at \$175.00 each \$ _____
Sponsorships \$ _____
Total Participation \$ _____
☐ Payment Enclosed

Kindly Indicate Sponsorships:

Please make your check payable and mail to:
FAMS
P.O. Box 4734
Toms River, NJ 08754

For more information call:
Dr. Mario Gallardo • 732-350-0404
Dr. Oscar Ortiz • 732-581-3566
Dr. Dino Espineli • 732-341-9494

www.famstrnj.org



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Oscar Ortiz, MD
Mario Gallardo, MD
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In Loving Memory of
Rene Ynaya, MD



Dear Friends

Each year we look forward to seeing you at this event. We thank you for your support as we continue our commitment to serving the community. With your help we hope to make this event a success.

Sincerely,
Mario Gallardo, M.D.
Chairperson, Golf Committee

Oscar Ortiz, M.D.
Co-Chairperson, Golf Committee

Dino Espineli, M.D.
Co-Chairperson, Golf Committee

MISSION STATEMENT

We are a group of physicians dedicated to providing superior medical care to all in need. We strive for excellence in all that we do.

We belong to a noble profession. As such, we will preserve and keep sacred our vow to alleviate pain and suffering, cognizant of our being instruments of a greater healer.

Learning is our passion. We shall pursue knowledge on the latest developments and technology in the practice of medicine, and attain professional growth in the spirit of collaboration and camaraderie.

Service is our commitment. We shall make a difference in communities within our spheres of influence. Moved by the desire to uplift the quality of life of those we serve, we consider service as a privilege and an honor.

MAJOR SPONSORSHIP

- ☐ **\$2,000 PLATINUM EVENT SPONSOR**
 - Golf Outing Sponsor
 - Four Registered players
 - Name prominently displayed throughout the Golf Outing
 - Recognition in Golf Program (Back Cover) and Reception
- ☐ **\$1,500.00 Gold Event Sponsor**
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- ☐ **\$1,000.00 Silver Event Sponsor**
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 - Name prominently displayed throughout the Golf Outing
 - Two Registered Players
 - Recognition in Golf Program and Reception
- ☐ **\$750.00 Hole Event Sponsor**
 - Name prominently displayed outside the green throughout the Golf Outing
 - Recognition in Golf Program
 - One Registered Player
- ☐ **\$300.00 Tee Sponsor**
 - Name prominently displayed on tee boxes
 - Recognition in Golf Program

SCHEDULE OF EVENTS

October 6, 2021 | Wednesday
12:30 P.M. ~ Shotgun Start
Please register by September 27, 2021

\$175
Per Golfer

Includes:
• Green Fees
• Cart
• Prizes
• Lunch
• Dinner

PRIZES & SPECIAL EVENTS
CALLAWAY SYSTEM
LONGEST DRIVE
CLOSEST TO THE PIN

BENEFICIARIES
TAX ID # 223817374

- Tuloy Foundation - benefits Street Children
- Gawad Kalinga - Affordable Housing and Community Building for the Poor Program
- ABS-CBN - Educational TV Program
- Ocean County College Scholarship Program
- Community Medical Center - Nursing Scholarships
- Care Givers of Ocean County
- Fil-Am Cultural Enrichment School (F.A.C.E.S.)
- Toms River High School Scholarships
- Hometown Heroes Foundation's "Restore the Shore project"
- Love One Another Foundation - provides school supplies and backpacks and Supports medical missions.

*St. Luke Roman Catholic Church
Cordially invites you to the Eighth Annual*

*Celebration and Blessing for
Healthcare Workers Around the World
Honoring Our Frontline Heroes*

*Sunday, October 10, 2021
2:00pm*

*St. Luke Roman Catholic Church
1674 Old Freehold Road
Toms River, NJ 08755*

*Traditionally called a "White Mass,"
this is a special Mass held for
physicians, nurses, healthcare workers,
and their families and friends.*

St. Luke, Patron Saint of Physicians



Healthcare providers of all faiths are welcome!

Reception to follow immediately after the Mass

SCAN ME





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Email our Editor-in-Chief
Jamie Mariano at
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